SETTING UP A STUDY SPACE

Try to be in a closed room if possible

Put your laptop on a desk that has enough space for your planners, pens, notebooks, etc.

This can help eliminate distractions

Having a big enough space to work on is important

Make your space fun and comfortable for you

Find a comfy chair to sit in

Bring out your colored pens, have a water bottle, light a candle, etc.

This can improve your posture which can improve your overall health

Lastly, begin your work!

Being in a productive and comfortable environment to work in can help improve focus